



الجامعة الملكية المغربية للفروسية
Fédération Royale Marocaine des Sports Equestres

IMPORTANT

Rabat, le 13 mars 2024

CONVOCAATION

Objet : Jeux Olympiques de la Jeunesse 2026 – Talent identification

Dans le cadre du programme conjoint de la FEI Solidarity et de la African Confederation of Equestrian Sport de préparation aux prochains Jeux Olympiques de la Jeunesse prévu à Dakar (SEN) en 2026 , la Fédération Royale Marocaine des Sports Équestres organise un training camp du 05 au 07 avril 2024 à l'Institut National du Cheval - Prince Hériter Moulay El Hassan .

Ci-dessous la liste des cavaliers convoqués :

Benbrahim Soraya	El azzouzi Rayan	Meftah Omar
Benbrahim Alia	Lazrak Ghali	Mernissi Maria
Bougja Ghali	Meftah Mehdi	-

A noter :

- 1 cheval / cavalier
- Confirmation de présence par email à l'adresse data@frmse.ma avant le 22/03/2024.
- Programme du training camp en pièce jointe



Redire FAKIR
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Talent Identification Event Schedule

Rabat (MAR) - 05 to 07 April 2024



Friday Training

- 10:00 **Welcome and explanation of the program**
(For all Riders, Coaches, Parents etc)
- 11:00 **Interviews**
Individual interview of the Riders (10min) with the personal Coach and the NF Project Manager (or the National Coach if any).
Begin to fill in Individual Reports.
- 13:00 **Practical Training Session 1**
(Groups of up to 3 riders - 3 Groups in total)
Duration: 45 min per group
Technical level: Jumps at 0.80cm
- 15:30 **Debrief of the day**

Saturday Training

- 10:00 Explanation of the Day
- 10:30 **Practical Training Session 2**
Duration: 45 min per group
Technical Level: Jumps at 1.05cm
- 14:00 **Practical Training Session 3**
Duration: 45 min per group
Technical Level: Jumps at 1.10cm

Sunday Jumping a Track

- 10:00 **Course Walk**
Expert Coach, Riders, and Coaches
- 11:00 **Jump the Track**
Group 1 First Rider and Horse (Warmed Up and Ready)
Each Rider 15 - 20 minutes to jump the track and repeat to optimise part of the course or the whole course when necessary.
Technical Level: Jumps at 110cm Cat. B JWC track 2022
- 13:30 **Video Session**
All Riders watch the videos of the day 5 mins each.
Discussion
- 14:30 **Individual Debrief with Expert Coach**
(Rider, Coach, NF Project Manager and Parent)
Complete Report Forms including training program and goals.
End